

**GAMBLING AND...**

# **IT'S STARTING TO TAKE OVER YOUR LIFE?**

Is gambling taking  
more than your money?

**YOU'RE NOT ALONE**



Get the right help for  
you, a family member,  
or a friend.

**[gamblingunderstood.co.uk](https://gamblingunderstood.co.uk)**

**GAMBLING**

**UNDERSTOOD**